

# The Bells are Ringing

THE VOICE OF ST. PAUL'S EPISCOPAL CHURCH  
Volume 5, Number 2– February 2010

February  
2010

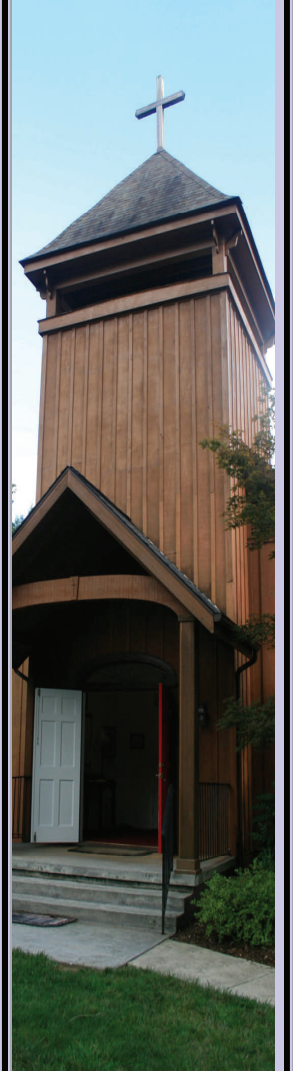
Shrove Tuesday Pancake Supper  
Tuesday, February 16th - 6:30 p.m.  
Fitzgerald Hall  
*sponsored by the men of the parish*



Ash Wednesday Service  
Wednesday, February 17th - 7 p.m.

## Stations of the Cross

Wednesday Lenten Program  
Wednesdays 6:30 p.m.  
Starting Feb. 24<sup>th</sup>  
Followed by a soup supper

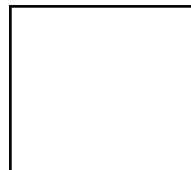
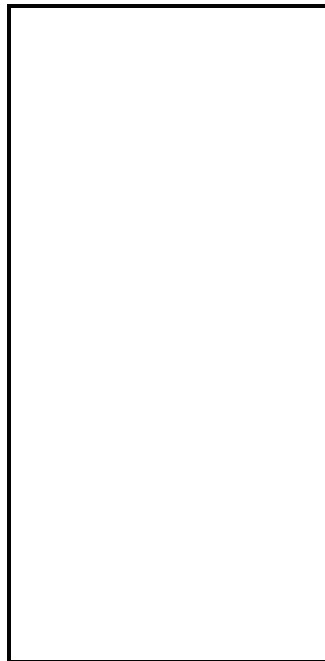


St. Paul's Episcopal Church, Lake James  
1865 North Powerhouse Road  
Morganton, NC 28655  
Phone: (828) 584-0955  
stpaulj@bellsouth.net  
www.stpaullakejames.org



### Our Mission

Seeking and serving Christ in all people and in  
the whole creation through: WORSHIP,  
LOVE, JUSTICE, & RECONCILIATION



From the Rector's desk

Rector's Message:



Lent begins on **February 17<sup>th</sup>**, with our Ash Wednesday celebration (held at St. Paul's at **7:00 p.m.**).

As the Book of Common Prayer teaches (p. 264-265):

“the first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. ...I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word.”

It is an old custom to prepare for the beginning of Lent, with a **Shrove Tuesday Pancake Supper. Served at 6:30 p.m.**, and prepared by the men of St. Paul's, all are invited to gather at the parish house. (Those who wish to help prepare supper will begin gathering at 4:00 p.m.)

Every Wednesday in Lent, beginning on Feb. 24<sup>th</sup>, we will observe **The Stations of the Cross at 6:30 p.m.**, in the church, followed by a simple meal of soup and sandwiches in the parish house. (The soup will be provided. Bring your own sandwiches).

May this holy observance of Lent be a time of spiritual growth for all of us.

*Father Jim Rains +*

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## Who Was I?————

The person featured in last month's newsletter was **Edna "Toon" Scott**.

## Who Am I?————

I spent my summers growing up in the mountains of Lake Lure and the rest of the year in Charlotte. I enjoyed all the activities the mountains had to offer and developed a real love for the mountains. I still enjoy all those activities.

Growing up, my Mother played piano and still has a wonderful voice. She exposed us to many different types of music. Everyone played an instrument in my family. My two sisters played flute and saxophone, I played guitar and my brother could play any horn in an orchestra. If you can imagine all those instruments playing at once with Mother trying to get us all to sing and play her favorite songs.. (Anything Burt Bacharach or Doris Day...not exactly Aretha Franklin or the Dave Clark Five) We drove my father nearly mad with noise. After all, how could he watch "The Untouchables" with all that racket !

I played guitar and sang in a group from age 12 to 20. One of the members got work on the Broadway stage and later on TV. The other member did all the Bell South jingles and got studio work. I decided that I shouldn't give up my day job and put the guitar down and have just recently begun to start playing again. After so long, I'm having to re-learn everything. I enjoy all types of music from classical to country.

My job out of college took me to Washington DC where I met some really interesting people while working in Washington DC and Los Angeles. I coordinate trips for the President of the Screen Actors Guild to special White House functions and also worked as a diplomatic liaison in the French Consulate. My work allowed me to live and travel all over the US and abroad, but I always kept finding myself back in NC. I still have to travel in the job that I have today, but I get to come home to the person I love, in a beautiful place in the mountains. ***Who am I?***

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## Happy Tuesday————

*Submitted by Rose Raines*

Happy Tuesday, an outreach to area seniors, meets the second Tuesday of every month in the Fitzgerald Hall at 11:30 a.m.. January's speaker was David Tate, the Executive Director of Burk United Christian Ministries. The guest speaker for February's "Happy Tuesday" is Philip Adams from the Senior Center. He is going to speak on taxes.

## Annual Meeting————



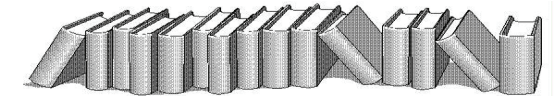
The annual meeting and covered dish brunch was held on January 17. Copies of the annual report are available in the narthex of the church.

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## ECW Meeting————

*Submitted by Lynn Hoffman*

January's ECW met Monday evening January 4th. The main focus of the meeting was to plan each member's responsibilities for the year. Each member can then recruit helpers as needed. Additionally, we discussed changes that need to be made from activities in 2009. Linda Neff plans to have sessions during the year to teach us how to make Chrismons for the Christmas tree. More information on this project later.



## From the Library————

*Submitted by Kay Rose*

This month I would like to focus on our Reader's Digest Condensed books that we have in the library. I have just finished my third one. I have enjoyed the 2 large print editions, for those who may not have the time or the interest in reading a book, the condensed stories are ideal.

## In Celebration

### February Birthdays

*"Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen." (BCP p.830)*

- 11 Meg Kypena
- 14 Aleea Wortman
- 16 Todd Doak
- 21 Jerry Janssen
- 24 Alexis Thomas
- 25 Carly Creswell
- 27 Brooke Mullins
- 29 Trinity Gress



### February Anniversaries

*"Knit together in constant affection those who, in holy wedlock, have been made one flesh." (BCP p. 829)*

- 13 Michael & Pam Shugart

## Prayer Corner

*"O Father of mercies and God of all comfort, our only help in time of need: We humbly beseech thee to behold, visit and relieve thy sick servants for whom our prayers are desired. Amen. (BCP p.458)*

**For Parishioners:** Pat LaFevers, Rose Raines, Mildred Richard, Edna Scott, Eunice Barrier, Red Creswell, Fr. John Fitzgerald, the Neff family, Art Trunkfield

**For Others:** Joy Valmassoi's mother; Pat LaFevers' sister Elsie Lowman; for Fr. Al Zadig's son, Andrew Zadig

**Donations for Haiti Relief:** Episcopal relief and Development, P.O. box 7058 Merrifield, VA 22116-7058 or by phone: 1-800-334-7626, ext. 5128  
or: [www.er-d.org/donate-select.php](http://www.er-d.org/donate-select.php)

<i>LAY READERS, CHALICE BEARERS &amp; GREETERS FOR FEBRUARY</i>					
<u>FEBRUARY</u>	7	14	21	28	
<i>Lay Reader</i>	Bob Byerly	Tippy Doak	Kermit Brittain	Bob Byerly	
<i>Chalice Bearer</i>	Diane Byerly	Mike Fowler	Jan Fitzgerald	Diane Byerly	
<i>Greeters</i>	Mac & Lynn Hoffman	Mike & Betty Fowler	Kay Rose	Susan & Carrol Epley	

*If you are unable to be a Lay Reader or Chalice Bearer, or Greeter on your scheduled Sunday, please switch with someone on the list.*



### Greeter Responsibilities:

- Be in the narthex by 8:45 am and remain there until after the first hymn.
- Greet people as they come in and give them a bulletin.
- Welcome visitors and have them sign the register.
- Keep doors to the sanctuary closed so that people who have already entered are not disturbed
- *Smiles and hugs are great!*

### February 2010 Readings for Sunday Eucharist

#### February 7, Fifth Sunday after the Epiphany:

Isaiah 6:1-8 (9-13)  
Psalm 138  
1 Corinthians 15:1-11  
Luke 5:1-11

#### February 21, First Sunday in Lent:

Deuteronomy 26:1-11  
Psalm 91:1-2,9-16  
Romans 10:8b-13  
Luke 4:1-13

#### February 14, Last Sunday after the Epiphany:

Exodus 34:29-35  
Psalm 99  
2Corinthians 3:12-4:2  
Luke 9:28-36(27-43)

#### February 28, Second Sunday in Lent:

Genesis 15:1-12,17-18  
Psalm 27  
Philippians 3:17-4:1  
Luke 13:31-35

## Vestry Highlights—

### January 6th Meeting

Fr. Jim opened the meeting with Evening Prayers and then welcomed the two new vestry members Kay Rose and Tippy Doak. He also expressed his appreciation to Rick Pindell and Diane Byerly who rotated off the vestry after their terms expired in December.

### Rector's Report—

Fr. Jim reported he felt December went very well and that he had a wonderful time at the Christmas Party, Happy Tuesday and the Christmas Eve Service. He anticipates that January will be a busy month with the annual meeting scheduled for January 17<sup>th</sup> and the vestry retreat schedule for January 23<sup>rd</sup>. Fr. Jim asked the Committee Chairs to present a short oral report on committee activities during the 2009. The retreat will be held at the Inn at Glen Alpine and is scheduled to last most of the day. Among the activities will be planning for 2010 with an emphasis on membership growth. Father Jim reported he will

work on finalizing his recommendations for Sr. Warden and Jr. Warden prior to the annual meeting.

### Senior Warden's Report –

Mac welcomed the new vestry members and provided information on vestry structure, operating procedures and background information.

### Junior Warden's —

Junior Warden: Jerel reported he replaced the lanyard on the flag pole and that he is proceeding with getting tile samples to replace the floor in Fitzgerald Hall.

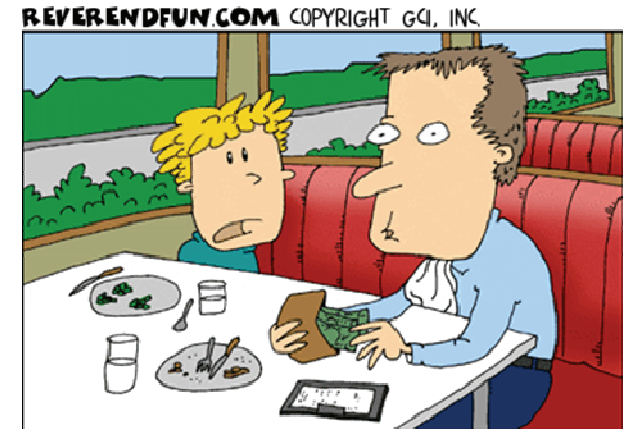
### Treasurers Report –

Jerry Haynie gave the treasurers report for the 2009 year. There was an operating deficit of \$544.00 which was less than anticipated due primarily to a significant increase in giving during the month of December. The budget for 2010 is approximated \$2000 less than the 2009 budget based on pledges and other anticipated income.

### Committee Information—

- **Education Committee:** Kay Rose agreed to chair the Education Committee for the ensuing year.
  - **Financial Committee:** Tippy Doak agreed to chair the Finance Committee for the ensuing year.
  - **Worship Committee:** Betty Fowler advised the vestry that she would like to have a training program schedule for new lay readers and chalice bearers early this year.
  - **Outreach/Congregational Care:** Art Trunkfield reported that he would like to have the Membership Sub Committee formed by the end of the month. He will present the Concept Paper at the Vestry Retreat to try to get additional ideas on how the committee can facilitate reaching the goal to increase membership.
- Volunteers Committee:** No report.

*Note: (Details of the meeting can be found in the Vestry minutes posted on the bulletin board in Fitzgerald Hall)*



Thanks to Shirley Ostrander  
HOW COME THE WAITRESS GETS 15% AND GOD ONLY GETS 10%?

## St Paul's Vestry Retreat

### Goals for 2010—

1. Recruit and train additional Lectors and LEM's (Lay Eucharistic Ministers), and LEM visitors.
2. Train Acolytes.
3. Increase church attendance by 33% (60 people); households: at least 10 (vestry in charge of recruiting 7).
4. Train Lay Readers (worship leaders)
5. Maintain the excellence of the regular, on-going Church Programs.
6. Encourage Sunday School growth and function.

## Basic First Aid Class

Submitted by Debbie Perry

Toni Reese of the American Red Cross will teach a basic first aid and AED (*Automated External Defibrillators*) class, on Sunday, February 7th at 10:30 a.m. following the service in the parish hall. There is a \$10 charge for each participant. If you have any questions please call: Debbie Perry 828-432-7631 or Mac Hoffman 828-584-2961.



"Those woodpeckers will have to go..."

Everything I need to know  
about life,  
I learned from Noah's Ark.

**One** : Don't miss the boat.

**Two** : Remember that we are all in the same boat.

**Three** : Plan ahead. It wasn't raining when Noah built the Ark.

**Four** : Stay fit. When you're 600 years old, someone may ask you to do something really big.

**Five** : Don't listen to critics; just get on with the job that needs to be done.

**Six** : Build your future on high ground.

**Seven** : For safety sake, travel in pairs.

**Eight** : Speed isn't always an advantage. The snails were on board with the cheetahs.

**Nine** : When you're stressed, float a while.

**Ten** : Remember, the Ark was built by amateurs; the Titanic by professionals.

**Eleven**: No matter the storm, when you are with God, there's always a rainbow waiting.. too.

## Campbell's Soup Labels. — to support *Thompson Child & Family*

**Focus** in Matthews, NC — Save your Campbell's Labels with the BARCODE and the Brand (type of soup, etc.) Also under the Campbell's label are: V8, Select Harvest, Prego, SpaghettiOs, Pepperidge Farm, Swanson. The Collection Box is in the Parish Hall on the table. It is the red shoe box. *Thanks you!!*

## Continuing Education

Submitted by Kay Rose

I was elected to head the continuing education for the Vestry, and I had an extraordinary experience this morning. I go to bible study on Monday at noon at Grace Episcopal Church they call it Monday Lessons. We have been studying the Psalms.

Today we saw a video call Creativity, it was about a photographer that travel the world taking pictures for National Geographic. He was trying to get across, that when taking a picture looking through the camera, you may be looking at an ordinary picture. By changing the lens it becomes an extraordinary picture. Using photography the message was to inspire people to look beyond the ordinary and see the extraordinary. Our teacher wanted us to think about the bible and how to read our devotions focusing on how we read the word of God.

I would like to bring the six points that Father Jim gave us at our vestry meeting concerning on bible study methods:

1. Read the passage aloud
2. Ask: "What verse of verses seem to stand out for you?"
3. Read the passage a second time.
4. Ask: "What is this passage saying to those to whom it was written?"
5. Read the passage a third time.
6. Ask: "What is this passage saying to you?"

I would like to challenge our members even though we don't have a bible study at this time, to make our devotion time not ordinary *but extraordinary!*



## Around the Diocese

### Eucharist and Healing Service - February 3rd – 7 p.m.

Grace Church, Asheville (871 Merrimon Avenue) Fr. Jim has led this monthly service for the past 4 years as part of the OSL team. All are welcome.

### Tuesday Healing Service - 7 p.m.

Weekly healing service at  
Grace Church, Asheville.



### Dismantling Racism Workshop I

Saturday, February 13th  
Holy Family, Mills River  
10 am - 2 pm

If you would like to register for this workshop please email Alice Keenan at

[reception@diocesewnc.org](mailto:reception@diocesewnc.org)

### Safeguarding God's Children

Saturday, March 13  
Ascension, Hickory  
9 am-12pm

### Congregational Development and the Small Church Committee is sponsoring a Leaders Day—

Saturday, February 20th

Trinity Church, Asheville

10 am–2 pm

Lunch is \$10

RSVP to Alice Keenan @ 828-225-6656  
by February 12th

Bishop Taylor has invited “the kindred from our small churches to gather together...so that we can share our wisdom together and discover creative ways to be the church in this time. I would like all clergy and as many vestry as can attend to come.”

The Rev. Shawn Griffith, the new chair of congregational Development and the Rev. Jeff Batkin will be the chair of the Small Church Committee. This day will be a time for you to learn about how others are carrying out their ministry as well as to dream together about what we might do if we collaborate and communicate more effectively.

## Centers for Christian Studies

### New Year Labyrinth Quiet Day- Postponed until Feb. 20, 2010



This day is designed for first time and veteran walkers. The Labyrinth is an ancient pathway of prayer that involves the whole body. This day will provide opportunities to walk the labyrinth, reflect, journal and worship. If you have never walked a labyrinth or have walked it regularly, it makes no difference. This day is designed for anyone who would like to wander with a purpose.

Come journey into Lent in the company of others using this ancient tool.

**What** Retreat  
**When** 02-20-2010  
9:30 am to 3:00 pm  
**Where** St. James. Black Mountain  
**Cost:** \$15.00 (*pre-registration required*)  
**Contact Name**  
Rev. Canon Charlotte D. Cleghorn  
**Contact Email**  
[charlotte@allsoulscathedral.org](mailto:charlotte@allsoulscathedral.org)  
**Contact Phone** 828-274-2681

## Valle Crucis Conference Center

### A Patchwork of Prayer

Friday, March 12, 2010

10AM - 3PM - \$35, includes lunch

*Facilitator - The Rev. Jeanne Finan*

There are so many different ways we can pray. Come away for a day in the beautiful mountains of Valle Crucis and experience a taste of a variety of prayer forms: Praying with beads; praying with icons; Ignatian prayer; centering The Rev. Jeanne Finan serves as the rector of St. John's Episcopal Church in Asheville. She also leads retreats and offers spiritual direction. She is the author of *Remember Your Baptism: Ten Meditations* (Cowley Publications).

### *Now for the rest of the story....*

*(Last month the snake covered up the punch line!)*

From an

### English Church Sign

**Adam blamed Eve  
Eve blamed the snake....  
And the snake didn't  
Have a leg to stand on.**

## Upcoming Dates

### February 2010

- 3 Vestry Meeting
- 8 ECW Meeting
- 9 Happy Tuesday
- 16 Shrove Tuesday - *6:30 PM*  
*Men's Pancake supper*
- 17 Ash Wednesday-  
*Evening Service at 7 PM*
- 21 First Sunday in Lent
- 24 Stations of the Cross  
and soup supper -*6:30 PM*

### March 2010

- 3 Stations of the Cross, supper,  
and Vestry Meeting
- 8 ECW Meeting
- 9 Happy Tuesday
- 10/17/24 Wednesdays— *6:30 PM*  
Stations of the Cross + supper
- 28 Palm Sunday
- 29-April 3 Holy Week

### April 2010

- 1 Maundy Thursday
- 2 Good Friday
- 4 Easter Sunday

## Leadership

Jesus Christ, Head of the Body, the Church  
The Rt. Rev. G. Porter Taylor, Bishop of WNC  
The Rev. H. James Rains, Rector(828) 645-1383  
The Rev. John Fitzgerald, Rector Emeritus

## Vestry Members

Mac Hoffman, Senior Warden	584-2961
Jerel Hoffman, Junior Warden	584-0192
Jerry Haynie Treasurer	584-0104
Betty Fowler (Worship)	584-4692
Art Trunkfield (Outreach)	584-0615
Tippy Doak (Finance)	584-3431
Kay Rose (Education)	584-0115

Debbie Scott	Organist, Choir Director
Lynn Hoffman	ECW President
Rose Rains	Happy Tuesday Outreach

## Sunday Worship

Holy Eucharist, Rite II	9:00 a.m.
Children's Sunday School	9:00 a.m.
Coffee Hour	10:00 a.m.

### To submit newsletter items:

Editor: Sharon Rains, 828-656-1383  
sharrains@verizon.net

Vestry Liaison- Art Trunkfield, 584-0615

*Articles due by 3<sup>rd</sup> Sunday of the month.*

*View Color newsletter [www.stpaullakejames.org](http://www.stpaullakejames.org)*